Lateral Violence: In Contradiction to the Haudenosaunee Concept of the “Good Mind”

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Introduction

- Land acknowledgement
- She:kon Sewakwekon
- Mohawk-Bear Clan
- Haudenosaune- Iroquois Confederacy
Research

- Social Worker
- PhD - now have to do research.
- Why Lateral Violence?
- Research Methods, Methodology
- Indigenous Research Methodology
Lateral Violence: definition

- Lateral violence is described as a learned behaviour of abuse and has its roots in colonization, oppression, intergenerational trauma, patriarchy, racism and discrimination.

- Bullying

- One of the greatest impacts of unresolved trauma and abuse among Indigenous people is lateral violence.

- Lateral violence has affected Indigenous people to the point where they harm each other in their own communities, homes and workplaces on a daily basis.
The Haudenosaunee concept of the Good Mind “kanikonhri:io” is our Research Method, which is conveyed through storytelling, prayer, ceremony, good thoughts and actions.

- Kindness and gratitude.
- By working cooperatively, there is no room for imbalance.
- The understanding is that by always incorporating unconditional positive regard for yourself and your people, this becomes a medicine able to rebalance any imbalance being experienced by the people.
Learning in a Western way

- Made to think we have to try to fit in our ways of knowing into the Western thinking
- Realization that I don’t have to. Our Research Methods are good enough, and we shouldn’t be made to think that we have to try to fit it in
- Analogy of the children’s toy: trying to fit a square into the circle shape – you will have to cut integral pieces out to make it fit
- Support from my University to use Indigenous Research Methodologies
My Quest to discover IRM

- Bought all the books, Research is Ceremony-Shawn Wilson
- Read all the books
- Familiar
- Academia makes everything more complicated
- Indigenous Research Methodology Course online